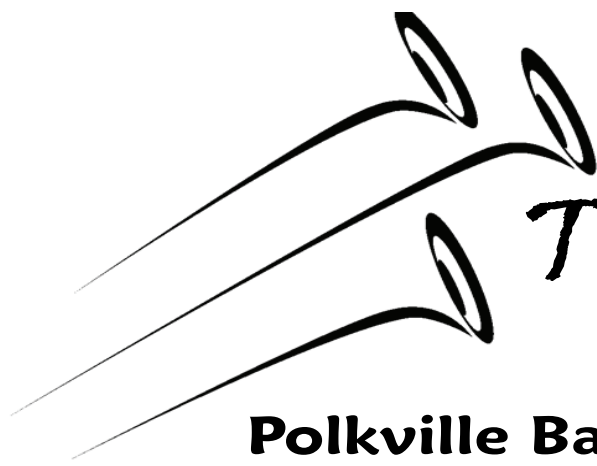


VOLUME XXX, NUMBER 3 — March, 2009



The Trumpeter

The monthly newsletter of

Polkville Baptist Church ♦ Polkville, NC



March 8-11, 2009

Regular Sunday morning schedule

7:00 pm nightly

***Food groups will provide a meal each night**

***Nursery provided**

***Special music each service**

Evangelist: *Rev. Steve Freeman*

Pray Invite Attend

The dates have changed from March 1-4 to March 8-11, due to a surgery that Rev. Freeman needed to have. Be in prayer for him!

Rick's Write

Dear Church Family,

When we get out of bed in the morning we cannot know what the day holds. We might think we do. We've got pocket planners and desk-top planners and notebook-sized organizers. We've got "Outlook" on our computers that we can sync with our cell-phones and get reminders throughout the day about our plans and agenda.

We make appointments and keep up with them and we know who we are to meet and where we are to be at any given time during the day. We've got it all figured out and penciled in!

But we can't really know what the day holds because we can't see God's plan, except for the little bit he illumines as time goes by. God knows that on a given day we'll be getting sick. He knows when we'll be hearing bad news that will alter our lives forever. He knows when the good news will come, that is a blessing far beyond our wildest dreams.

God knows when He will be giving us divine appointments that are intended to change someone's life for eternity. And He knows how to work all things together so that the most gets done for His Kingdom .

When we get out of bed in the morning we cannot know what the day holds, but we know the One whose day it is. Before you get out of bed, if God blesses you with another day to get up, dedicate your day to Him. Allow God to use you, and look for the wonderful ways He will mess up YOUR plans in order to fulfill HIS plans.

Love,

Rick

The Infant & Preschool Clothing Closet News

The Clothing Closet will celebrate its 4th anniversary with a Diaper & Clothing Shower!
Date: March 29, 2009 • **Time:** 4:00 pm - 5:00 pm • **Location:** Basement

We are asking for diapers, wipes, and gently used baby items such as clothing, shoes, blankets, crib sheets, socks, furniture items, and other baby items you would like to donate.

MARCH BIRTHDAYS

3/ 1	Jeff Wright Lindsay Richard	3/11	Austin Seagle	3/23	Amy Weathers
3/ 2	Jackie Beam Brian Ledford	3/12	Justin Yelton Storm Smith	3/25	Dede Melton Ethel Curd
3/ 3	Bobby Tallent Kenneth McMurry	3/13	Alaina Milling		Betsy Buchanan
3/ 4	Shirley Sigmon Donna Silver Stephanie Heafner	3/14	Don Melton Don Elliott Dara Floyd Haley Queen	3/26	Benjamin Wilson Eva Morris Wade Vaughn Robbie Mathis
3/ 5	Roger McNeilly	3/16	Glenda Beaver Blanche Ruppe	3/27	Doug Branch Carol Martin Trey Peeler
3/ 6	Duane Toney Mike Wright Seth Toppins	3/17	Sharon McInnis	3/28	Sherry Beaver Pat Crawford Kendalyn Ruppe
3/ 7	Arnold Gibbs Ferman Weatherford Ray Cook	3/18	Tulia Beaver	3/29	Danny Wright Larry Wyatt Gordon Langley Mary Pruett Christine Biddell
3/ 8	Ronetta Lackey Ian Gragg	3/19	Jane Vogel	3/30	Sandy Hamrich
3/ 9	Cindy Grant	3/20	Gary White Chase McNeilly	3/31	Annette Wright
3/10	Jimmy McNeilly	3/21	Mary Jo Blanton Kayla McNeilly		
3/11	Zachary Thompson	3/22	Pamela Wall Mary Warlick Kathy Bardwil Ethan Martin		

Altar Flowers for March

3/ 1 Terri Fredricks
3/ 8 OPEN
3/15 Mary Jo Blanton
3/22 Brenda Melton
3/29 OPEN

**Daylight saving time
begins
Sunday March 8!**

*Nursery
Helpers*



3- 1	Infants	David Gosnell Family
3- 1	Toddlers	Sandy & Abby Hamrick
3- 8	Infants	Susan & Tony Beaver
3- 8	Toddlers	Linnie & Maggie Wright
3-15	Infants	Eliza & Chris Cook
3-15	Toddlers	Carol & Caroline Martin
3-22	Infants	Linda Greene, Georgette & Madison
3-22	Toddlers	Jan & Marion Crow
3-29	Infants	Bobby & Nancy Ledford
3-29	Toddlers	Pam Crocker & Tonya Price

Preschool News: Youth Stuff:

What You Teach Them Now Will Teach them Forever.

Become a part of our new LittleKidsTime Preschool Worship, *My God and Me*, and teach our little kids all about God!! Your efforts will have a lifetime effect as you teach young children in this kid-friendly program.

My God and Me has exciting songs, Bible stories and worship activities. But that's not all!! You'll be able to expand little kids' minds with awesome art projects, active dramatic play, adaptable games and amazing construction activities. All it needs to be the best is YOU!! Act now to ensure your spot as a teacher or helper!

Contact Jamie Wilson if interested
704.434.2710

***Polkville's Preschool Worship will begin
Sunday, March 1st!!***

SENIOR ADULT NEWS

Sr. Adult Outing - Thursday, March 19th

All day trip to Spencer, NC and the **North Carolina Transportation Museum.**

We'll leave at 8:30 AM and return between 5 & 6 PM. We will eat an early lunch around Salisbury, NC. We will have a guided tour of the museum including a 30 minute train ride.

Bring money for lunch as well as a drink and something to snack on for the trip home.

Mission Team News:

Cell Phone Fundraiser:

Collect cell phones, PDAs and MP3 Players for recycle. Each brand is worth different amounts from .10 to \$50.00.

Turn in the phones, MP3s and PDAs to me in a bag with your name on it to Dale. Phones must be undamaged, have a battery, and able to power up. Include the chargers if possible.

RADA Cutlery Fundraiser:

Purchase RADA Cutlery, Cookbooks, Gift Sets, or Candles to help support our 2009 Summer Youth Mission Team's fund their mission trips to Canada and Tennessee.

Either order directly from a mission team member or order through a unique and simple internet ordering system.

To order through internet, log-on to www.HelpOurFundraiser.com using our group's information. Indicate a "**Fundraiser's Name**" for a certain mission team member to get credit.

Internet Ordering #: 501843

Password: pbcyouth

Your order will be delivered in 15 working days or less.

Thank you for helping the youth mission teams!

www.polkvillebaptist.com/youth

A Word From Dale: I love grapefruit! The other night I was enjoying a grapefruit when Caleb asked me what I was eating. I told him I was eating grapefruit and I asked if he wanted some. He quickly told me, "No, I don't like grapefruit." As I was sitting there I remembered that I didn't like grapefruit either when I was a little boy. I always thought it was sour and bitter. As I thought a little more, I recalled a lot of things I like now that I didn't like when I was a kid. The list is long - cabbage, greens, onion, broccoli, mushrooms, relish, pepper and I am sure there are more. It occurred to me that as a kid I liked a lot of stuff that was not good for me and I didn't like the good healthy stuff, but over time that has changed.

You know, I find life to be a lot like my eating habits. My preferences have changed as I age. I also remember when I was in about the third or fourth grade telling my Sunday School teacher, "I don't have time to read my Bible and pray! All I have time for is school and sports." That was definitely an attitude that changed with maturity. Now reading my Bible and praying is something I look forward to and love. As a matter of fact I wish I had more time to read my Bible and pray.

As I watched Caleb play, God reminded me that it is up to me to make sure he understands what is good and healthy. I have to teach him to eat food that will help him grow strong bones and muscles. I have got to teach him that eating too much sugar and fat is bad. I have to teach him the keys to healthy living or he will never know. And I have got to instill in him the importance of having a relationship with the Lord and reading his Bible and praying.

Sometimes I believe we as families rely too much on our church family to teach our kids the Bible. We rely too much on the Sunday School lessons emphasizing the importance of prayer and Bible study. Proverbs 22:6 says Train a child in the way he should go, and when he is old he will not turn from it. God commands us to teach our children. We fail in our responsibilities as parents if we do not teach our children to live healthy lives and teach them the importance of loving God and having a relationship with Him through Jesus Christ our Lord.

Compare the amount of time a child spends at church and the amount of time a child spends at home. Children are at home lots more than they are at church so your influence is paramount in their lives. Make it a point to focus on what you are teaching your children. This may mean you have to change some habits, but your rewards and the changes you will make in the lives of your children are worth it

God bless all families, Dale <><



H.E.A.R.T BEAT NEWS

Jeremiah 33:6

I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security

VOLUME 2
MARCH 2009

**POLKVILLE BAPTIST
H.E.A.R.T MINISTRY**
*HEALTH EDUCATION, ADVISORY &
RESOURCE TEAM*

COLON CANCER

Colon cancer is cancer that starts in the large intestine (colon) or the rectum (end of the colon). Colorectal cancer is the third most common cancer found in men and women.

According to the American Cancer Society, colorectal cancer is one of the leading causes of cancer-related deaths in the United States. However, early diagnosis often leads to a complete cure.

For more information visit the following websites:

Prevent Cancer Foundation

[http://
www.preventcancer.org/](http://www.preventcancer.org/)

American Cancer Society

<http://www.cancer.org/>

MARCH IS NATIONAL COLORECTAL CANCER AWARENESS MONTH: GET SMART/ GET CHECKED

High Risk Factors

1. Cancer elsewhere in the body
2. Colorectal polyps
3. Crohn's disease
4. Family history of colon cancer
5. Ulcerative colitis
6. Certain genetic syndromes
7. Eating poorly (high-fat, low-fiber and diets high in red meat)
8. Smoking cigarettes

Exams and Tests

With proper screening, colon cancer can be detected **BEFORE** symptoms develop, when it is most curable.

These include:

1. Yearly physical exam
2. Complete blood count to test for anemia or low iron level.
3. A fecal occult blood test
4. Colonoscopy after the age of 50, or earlier if there are risk factors.

KNOW COLON CANCER WARNING SIGNS

Many cases of colon cancer have no symptoms.

The following symptoms, however, may indicate colon cancer:

1. Abdominal pain and tenderness in the lower abdomen
2. Blood in the stool, or black tarry stools
3. Diarrhea, constipation, or other change in bowel habits
4. Intestinal obstruction
5. Narrow stools
6. Unexplained anemia
7. Weight loss with no known reason



Staff Directory

Pastor

Rev. Rick Hamrick 538-8605
rick@polkvillebaptist.com

Interim Minister of Music

Carol Martin 538-9411

Minister of Education and Youth

Rev. Dale Byrd 538-1361
dale@polkvillebaptist.com

Ministry Assistant

Will Davis 472-3899
will@polkvillebaptist.com

Secretary/Treasurer

Brenda Bridges 538-9878
brenda@polkvillebaptist.com

Custodian

Richard Cook 538-0138

Office Contact Information

Phone..... 538-7464

Fax..... 538-9988

Weekly Opportunities

Sunday

8:30 am Early Worship Service
9:50 am Sunday School
10:50 am Morning Worship Service
6:00 pm Children's Bible Drill
6:00 pm Sunday Night Kids &
Children's Choir
6:00 pm Youth Meeting
6:00 pm Adult Choir Rehearsal
7:00 pm Evening Bible Study
7:45 pm Committee Meetings

Monday

7:00 pm Prayer Meeting

Wednesday

6:00 pm Youth Bible Drill
6:30 pm C.A.R.E. Meal & Ministry
7:00 pm Preschool, Children and
Youth Mission Groups
7:00 pm Mid-week Bible Study
7:45 pm Committee Meetings



**For the most up-to-date information,
catch us on the web at:**

www.polkvillebaptist.com

THE TRUMPETER is the monthly newsletter of Polkville Baptist Church. News items must be submitted no later than the 20th day of the month for publication the following month.

Polkville Baptist Church is a cooperating member of the Greater Cleveland County Baptist Association. For more information consult their website: www.gccbba.org.